

PARTICIPATION ISLAND

Nuoret Kotkat 75 years Jubilee camp
25.7.–1.8.2018, Bengtsår Camp Island, Hanko, Finland

Welcome to the Participation Island!

You are coming to the Participation Island, international camp of Nuoret Kotkat. The camp is held in Hanko, in South of Finland in the Bengtsår camp island on 25.7.-1.8.2018. There will be more than 600 participants at the camp! Half of the participants are from Nuoret Kotkat and the other half from IFM-SEI member organisations; Framfylkingen (Norway), Rote Falken/Kinderfreunde (Austria), Pionyr (Czech), Esplac (Catalonia), SJD – Die Falken (Germany) and Woodcrat Folk (England). We might also get a group of MNPS Senegal, but that is not sure yet.

In this letter you will find information on the programme, how the camp works, safety at the camp, transportation, composition of the villages and what to bring to the camp.

Bengtsår island, more commonly known as Benkku, is a camping centre and has all the required facilities for running an open-air camp. The island is 15 minutes boat ride away from the mainland. Closest city is Hanko. We are all living in tents and the participants are divided in 4 colour coded villages. In addition to the villages there are common activity spaces at the central area such as Café, big open grass field for games and football, Disco and different program tents for workshops. When arriving to the camp everyone will receive a camp handbook that contains the map of the camp area and further info on the program, excursions and rules of the camp.

An island as a campsite forms its own opportunities and challenges. The island is full of adventures and there is something for everyone in the diverse nature of the island. On the other hand it is important to remember that for instance electricity and washing facilities are limited. For these reasons we recommend you to prepare yourself for a nature experience and leave the electrical devices at home and the Participation Island will be the adventure of your lifetime.

Map and the location of the island: <http://benkku.munstadi.fi/sijainti>

Pictures and additional info on the island: www.nuoretkotkat.fi/participationisland



WHAT TO BRING:

At the end of this letter you will find a packing list for participants and leaders and a list what not to bring to the camp. For an 8-day open-air camp on an island in Finland we recommend to bring enough clothes for all sorts of weather.

It is not advised to bring mobile phones and expensive cameras to the camp because there are limited charging opportunities on the island. In case you decide to bring your mobile phone to the camp we would like to remind that using the phone is not the end in itself at the camp. The beauty of a camp and an international camp especially is to make new friends, get to know foreign cultures and participate in the program at the camp. It is important to reflect at home whether mobile phones are needed at the camp and why. Does camping without mobile phones bring any opportunities? Leaders will have mobile phones and parents and caretakers can contact children if needed.

Participants accommodate in 4 and 10 people tents at the camp. You need mattress and warm sleeping bag for sleeping in a tent (nights can be cold). You might also want to consider bringing a small pillow.

MEALS:

There will be 4 meals per day at the camp. Dining takes place in your own village at the dining shelter. Villages are responsible for preparing the breakfasts. All the other meals are centrally prepared and delivered to your towns. Villagers are responsible for food related tasks in the villages. Every village has dedicated volunteers taking care the delivery of the food and assisting with setting up the meal and dishwashing water and etc. but they need help in every meal for tasks like wiping the tables, serving the hand disinfect, taking care of dish water and changing it etc. Task that has to do with eating in the villages and also other tasks will be shared among all participants in the village. Tasks can be decided and shared together in village meetings and morning circles.

Everyone needs their own durable cup, deep plate or bowl for soup, spoon, fork and knife for eating. You also need a towel for drying and a fabric bag for storing the cutlery and crockery.

HYGIENE:

Washing up in the camp takes place in sauna. There is one sauna for boys and another one for girls. The showers are in the saunas. Saunas can only be used at specific times. It is also possible to heat water at the villages and do small clean ups.

You can find toilets in each village, central area and by the beach. All toilets are gender neutral and can be used by everyone. Toilets are dry compost toilets. Every time you use a toilet, make sure you throw some wood chips after you. Helsinki Youth Service personnel will take care of the emptying and cleaning toilets, but good



rule is that everyone leaves the toilets as tidy and nice as possible, so that you would enjoy going there again yourself.

FIRST AID AND SAFETY: There are first aid kits at the villages and there is a doctor at the camp throughout the camp.

Swimming at the camp is permitted at the beach at specific times and at the village docks only when the leader of the participant is present. At the beach participants can test paddling, SUP-boards and other water activities. This is why the beach is only open when the staff of the island is present. **Jumping into water is strictly forbidden because water is shallow and there are sharp stones on the bottom.**

There are ticks at the archipelago of Hanko, but it is not classified as risk area for tick borne encephalitis. National Institute for Health and Welfare in Finland does not recommend vaccinations for the area. Tick check-ups are recommended and first aid packs in villages has tweezers for taking ticks off.

SPECIAL: The event is a big international camp with nice mix of languages and cultures. Camping conditions are also exceptional because of the location of the campsite. The island is only 15 minutes away from the mainland but all the goods and people need to be transported to and from the island by boat. The weather conditions at the archipelago can be everything from nice and sunny to hard wind and rain. Weather can also change rapidly and affect the program of the camp.

The nature and the scenery at the island are beautiful. The island has stunning rocky shores and plenty of forest.

The villages, central area, saunas and etc. are not side by side so be prepared to walk a lot. Because of the distances, the nature and the lack of accessible toilets and showers at the campsite the accessibility cannot be guaranteed for people in wheelchair.

Adults are primarily at the camp for children and young people and this is why we call them leaders. This communality and the fact that we are all involved and responsible for the program separate Nuoret Kotkat from travel agencies. We cannot emphasise enough how important it is to get to know each other well. There will be enough time for getting to know each other especially at the beginning of the camp. Making new friends, meeting old ones, learning about foreign cultures, living together and sharing almost everything are the best part of the camp.

CAFE: Café is open 13:00-21:30 daily in central area. You can buy hot and cold drinks, some snacks and goodies and Nuoret Kotkat products from the cafe. Cafe is not using



plastic cups so please bring your own cup when you come to cafe. You can pay with cash (euros) or with a card at the cafe. Suitable amount of money for camp is 2-5 euros per day.

DRINKING WATER: Water coming from taps in villages and in central area is drinking water. Bring your own bottle for refills.

ELECTRICITY: Electricity at the campsite is very limited. We recommend participants to leave mobile phones and other electrical devices home and leaders to bring power banks or extra batteries.

WEATHER: Weather in the archipelago at summer can vary and the average temperature during day is +20 degrees and during night +13 degrees. Some rain and wind are always possible.

CAMPFIRE: There will be several campfire evenings in villages and every village has a place for having a campfire together. With fire and also smoking, we need to be extremely careful, as the island forest is often very dry.

THEME: The theme of the camp is participation and it has been taken in account in preparation of the project. Participation is present in the village activities e.g. getting to know each other, group building, decision-making and transparency. Concrete actions and structures like camp parliament, morning circles, feedback&wishes boxes, workshops on participation, democracy and adultism promotes participation and encourages in democratic decision-making.

Follow our social media channels to learn more about the program and the camp during summer. And also give your ideas and feedback.

Facebook: @participationisland and @nuoretkotkat

Instagram: @participation_island and @nuoretkotkat

PROGRAMME: There will be diverse and interesting programme at the camp for kids, teenagers and for leaders. The activities at the camp are open for everyone. The programme takes place on two levels: village and central level. The morning programme takes place mainly in the villages and the afternoon programme in the central area.

We encourage and support delegations to organize activities in villages, as we believe that in the villages people can get to know each other best during international camps, make friends and form a community. Especially at the beginning of the camp there is plenty of time for the activities and for getting to know each other and group building in the villages. There will be basic materials in the villages for decorating your village, playing games etc. but in case you need



something specific to run your activities please contact us at summercamp@nuoretkotkat.fi

There will also be a wide range of central activities. Activities will be divided in four (4) categories:

- Sports and adventure
- Workshops
- Games
- Arts and drama

One of the most important and exciting activities of the Participation island are the educational workshops on the central level. The topics for the central area workshops are participation, sustainable development, democracy, sex and gender and adultism. The language used in the workshops is English, but the workshops are dynamic and uses methods that does not require complicated language. Other languages and interpreting are also used whenever possible and needed.

There will also be a wide range of typical variety of Finnish summer camp activities from swimming and sports to cultural program and crafts. The surrounding sea and nature gives us lots of possibilities in program such as nature trails and hiking to canoeing, fishing and etc.

Games can be treasure hunt, capture the flag or something fun that we can do or play together like Finnish game called mölkky.

And of course, we will have big festivities all together such as opening ceremony and closing ceremony. There will be and open day international market on 28th of July. And for that you can bring material to present your organisation to all others at the camp and also visitors that we will get for the after noon.

Daily timetable

8:30 – 9:30 breakfast

10:00 – 12:00 activities within the villages

12:00 – 13:00 lunch

14:00 – 17:00 common activities on central level

17:00 – 18:00 dinner

20:00 – 21:00 evening snack (the time can vary depending on the evening program)

20:00 – 24:00 evening program

22:00 – 7:00 silence in the villages

24:00 - 7:00 silence on the island



VILLAGES: The camp is formed from colour-coded villages. Each village accommodated 100-200 participants and leaders. The colours of the villages are blue, pink, yellow and green. Everyone gets wristband of the colour of their village. If you happen to have clothes that are the colour of your village, consider packing them.

Participants sleep in 4 and 10 people tents. When arriving to the campsite each delegation will get tents according to the number of their participants. Division of the tents is up to each delegation. Each village has a dining shelter, outdoor compost toilets, place to wash dishes, dock/pier, campfire place and drinking water tap.

There is no village for teenagers or for children but there are participants of all ages living in each village. Village areas are large enough so that tents can be separated a bit by age groups if wanted, so younger participants can be placed different side of village that teenagers if wanted.

The villages consist of the following groups:

- **Blue** - Village coordinator Pia Heinipuro, +358 50 368 4553 pia.heinipuro@gmail.com
 - Nuoret Kotkat - Helsinki, contact person Pia Heinipuro, pia.heinipuro@gmail.com
 - Rote Falken - Alkoven/Austria/Krems, Klaus Schöngruber, klaus.schoengruber@kinderfreunde.at
 - Framfylkingen May Tove Tollefsen- msolum83@gmail.com
 - Woodcraft Folk - Hackney, Juliette Harries, julietteharries@hotmail.com
 - Woodcraft Folk - Heaton, Rachel McMahon, rcmrachelmcmahon@hotmail.co.uk
 - Woodcraft Folk - Oxford, Tanja Fletcher, titania.tyler@gmail.com
- **Pink** - Village coordinator Sameli Valkama, +358 40 778 8385, sameli.valkama@gmail.com
 - Nuoret Kotkat - Varsinais-Suomi, Minka Järvenpää, minka.jarvenpaa@gmail.com
 - Nuoret Kotkat - Satakunta, Sari Mielonen, satakunta@nuoretkotkat.fi
 - SJD - Die Falken - Unterbezirk Recklinghausen, Dominik Höfer, dominik.hoefer@falken-re.de
 - SJD - Die Falken - Lübeck, Ulrich Pluschkell, info@falken-luebeck.de
 - Pionýr, z.s. - 32. Pionýrská skupina Galaxie, Tereza Navrátilová, navratilova.terez@gmail.com
 - Woodcraft Folk - Brighton, Declan Hier Harron, declanharron@gmail.com
 - Woodcraft Folk - Cambridge, Steve Vine, sgv@btinternet.com



- **Yellow** - Village coordinator Pirjo Väänänen, +358 40 801 7090 pirjo.väänänen@sak.fi
 - Nuoret Kotkat - Häme, Suvi Järvinen, hame@nuoretkotkat.fi
 - Nuoret Kotkat - Pirkanmaa, Tomi Matilainen, tomi.matilainen@elisanet.fi
 - SJD - Die Falken - Hamm & Unna, Heike Pente, kontakt@falken-hamm-unna.de
 - Pionýr, z. s. - Pionýrská skupina Čáslav, Jakub Hanuš, kuba@pscaslav.cz
 - Woodcraft Folk - Harrow, Clain Elven, tarsier@ntlworld.com
 - Esplac, Fènix - Esplais Les 100 Teies, Clàudia Milià Benito, esplailles100teies@gmail.com
- **Green** - Village coordinator Tipsu Bazouleva, +358 50 449 3333, tipsu.bazouleva@nuoretkotkat.fi
 - Nuoret Kotkat - Uusimaa, Juuso Nurminen juuso.nurminen@hotmail.com
 - Nuoret Kotkat - Savo, Sini Sedig, sini.sedig@luukku.com
 - Nuoret Kotkat - Kaakkois-Suomi, Jaana Saarinen, kaakkois-suomi@nuoretkotkat.fi
 - Rote Falken - Upper Austria , Sandra Promberg, klaus.schoengruber@kinderfreunde.at
 - Framfylkingen - Kurt Frantzen, kurt@framfylkingen.no
 - Woodcraft Folk - Highgate and Holloway, Lillie Jeanrenaud, Ljeanrenaud@lsu.camden.sch.uk
 - Woodcraft Folk - Lewisham & Greenwich, Rosalind Epton, rosalindepton@gmail.com
 - Woodcraft Folk - Brooklands Badgers Leighton / Linslade, Christopher Braithwaite, chris.braithwaite1@virginmedia.com
 - IFM-SEI, Carly Walker-Dawson, carly@ifm-sei.org

RULES: There are rules at the camp that comes from Finnish law, from the rules of the island and from the organising organisation Nuoret Kotkat. In addition to these rules each village can come up with their own rules. Please find the most important rules of the camp below:

- Children and young people are not allowed to leave the camping area marked in to the map without an adult and without permission from their own leader. Leaving the camp area has to be always told to village coordinators
- Violence, war toys and bullying are forbidden
- Xenophobia and racism are forbidden
- No means no!
- If you are taking pictures, you need to ask for a permission from the people you are photographing
- Swimming can only be done under the supervision of the leader and jumping to the water is forbidden



- Silence at the villages at 22:00-7:00 and at the whole camp area at 24:00-7:00.
- Making a camp fire and also smoking are allowed only in certain places. We have to follow the forest fire warnings given by authorities

SMOKING, ALCOHOL AND OTHER DRUGS: Smoking is not allowed for people under 18-years old by Finnish law. Adults can smoke in designated places. Alcohol and drugs are not allowed at the campsite.

PHOTOGRAPHING: Activities at the camp are documented. Photos and videos might be used in camp-related communications and Nuoret Kotkat communications after the camp. Published pictures and videos are in good taste and do not offend anyone's reputation. Please inform us if your child's photos may not be used.

ARRIVAL AND DEPARTURE: The camp starts on 25th of July and finishes on 1st of August. These are the days when there is transport to and from the camp. Leaving and arriving to the camp in different times is permitted only for good reason and when agreed separately but travel costs are then not included in the camp fee.

CANCELLING THE PARTICIPATION: If you must cancel your participation, please inform the organisers as soon as possible. If the cancellation is made due to illness or accident there might be a way to get the participation fee from a insurance.



ARE YOU READY FOR THE ADVENTURE OF YOUR LIFETIME..?

Further info

Email: summercamp@nuoretkotkat.fi (Both Soili and Sami are using this email)

Soili Sirenne, Culture and international designer, Nuorten Kotkien Keskusliitto
soili.sirenne@nuoretkotkat.fi and +358 50 581 5288

Sami Siltaloppi, Organisation coordinator, Helsingin Nuoret Kotkat
sami.siltaloppi@nuoretkotkat.fi and +358 50 339 8230

Camp website: www.nuoretkotkat.fi/osallisuudensaari ja www.nuoretkotkat.fi/participationisland

Facebook: Participation Island 2018 and @nuoretkotkat

Instagram: @participation_island and @nuoretkotkat

Twitter: @nuoretkotkat



Pack the backpacks together with children so that they know what they with them.

Put a name tag in each item

Packing list:

- pillow, sleeping bag and camping mat
- 2 x towel + small towel for sitting on in sauna
- cutlery and crockery (durable deep plate, mug, fork, spoon and knife) packed in fabric bag
- 2 dish towels for drying your own dishes
- water bottle
- sanitary products: shampoo, soap, tooth brush tooth paste, comb/ brush
- other personal hygiene products (deodorant, lotion etc.)
- sunscreen, mosquito repellent
- sneakers, sandals, rubber boots
- outdoor clothes (if you have clothes in your villages colour)
- rain clothes(no umbrella)
- hat (cap, buff, beanie)
- woollen socks
- swimsuit
- pants and shirts with long sleeves
- t-shirts, shorts
- underwear and socks
- fleece or other warm shirt, long johns
- 2 pyjamas (for warmer and colder weather)
- fabric bag for laundry
- personal medicine (information on the medication for the leader)
- pocket money or debit card (suitable amount of money for camp is 2-5 euros a day)
- European health card (you can find instructions to get one here:
<http://ec.europa.eu/social/main.jsp?catId=559>)

optional

- long sleeved t-shirt that can be used for puppet workshop
- shirt that can be painted

Do not bring following items to the camp:

- game consoles
- energy drinks
- drugs
- sharp knives or other sharp objects
- matches or lighters
- expensive items
- glass

